CAROLINA CARO

Bio- Long

Carolina believes in the power of subtraction.

In times of uncertainty, the instinct is to add more strategies to already full plates. That tends to produce overwhelm rather than effectiveness. The real leverage point is exploring what gets in the way.

After years of coaching C-suite executives and leadership teams across industries, Carolina identified that what limits leaders is a continued reliance on identity patterns that no longer fit the demands they face today.

Her signature approach, **The Unlearning Advantage®,** helps leaders and organizations let go of the patterns that limit performance, erode culture, and prevent lasting change. Her work guides leaders and teams to unlearn the patterns that shape how they show up. Change sticks because it starts at the root.

A former HIV research scientist who held leadership roles at Merck and Pfizer before training as an actor at the Neighborhood Playhouse in New York, Carolina has lived the unlearning she asks of leaders. She set aside a known identity to discover what was possible on the other side.

She is the Founder and CEO of Conscious Leadership Partners, where she leads a team of coaches and facilitators delivering leadership academies, workshops, retreats, and executive and team coaching.

Carolina has worked with leaders at NASA, the FBI, Warner Bros., Kaiser Permanente, and McDonald's. She holds a Master of Science and a Master of Business Administration, is a Certified Speaking Professional (CSP®) conferred by the National Speakers Association, and is a Professional Certified Coach (PCC) with the International Coaching Federation.

A citizen of Canada, the United States, and the European Union, and fluent in English, Spanish, and French, she brings a global perspective to how leaders evolve beyond the patterns that once defined their success.

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CAROLINA CARO

Bio- Short

Carolina believes in the power of subtraction.

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Carolina is the CEO of Conscious Leadership Partners and has worked with leaders at NASA, the FBI, Warner Bros., McDonald's, and other leading organizations.

A former HIV research scientist, she went on to hold leadership roles at Merck and Pfizer, giving her a unique perspective at the intersection of science, leadership, and organizational change.

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