

THE UNLEARNING ADVANTAGE™

Evolve Leadership. Align Teams. Transform Culture.
~ One unlearned habit at a time.



What clients have to say:

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Carolina has spoken at several of our conferences. We enjoy working with her and the audience always walks away with a great learning experience.

Dan Dycus

Senior Director of Education Services, PayrollOrg

“

The response to her keynote was overwhelmingly positive. It delivered a poignant experience that addressed important challenges that were relevant for our participants while providing clear, actionable takeaways.

LaTanya Bogin-Jordan

Director of Program Development & Strategic Engagement, Los Angeles Department of Water & Power

“

Carolina gave an excellent presentation. The internal feedback I received included comments like “Best ever!”. More importantly, the exercises and frameworks she provided started us on a very positive change for our team.

Anne Novamo

R&D Manager, Hemostasis Werfen

“

Carolina is one of the best presenters I have encountered.

Ken Robbins

Senior Vice President Investments, Raymond James

LEADERSHIP

The Next Level Leader: Unlearning What Got You Here

- Identify how identity inertia creates unconscious leadership defaults that limit growth and connection
- Apply the POCA® Model for Unlearning (Pause, Observe, Choose, Act) to shift from diminishing habits to amplifying practices
- Create a personalized unlearning plan to let go of outdated behaviors and lead with greater clarity and intention

TEAMS

The Cohesion Code: Building Teams that Move As One

- Identify how identity inertia within the team, stalls progression and weakens cohesion
- Evaluate how outdated team habits show up across key competencies and where unlearning can drive the biggest breakthroughs
- Apply the POCA® Model for Unlearning (Pause, Observe, Choose, Act) to shift default behaviors and build shared practices that cultivate clarity, trust, and alignment

CULTURE

Operationalizing Culture: Aligning People, Purpose & Performance

- Identify the systemic patterns and assumptions that misalign culture from purpose and performance
- Apply the POCA® Model for Unlearning (Pause, Observe, Choose, Act) to lead culture transformation through intentional, shared behaviors
- Design operational practices and feedback loops that embed unlearning into daily work and cultivate sustainable results

All customizable for live, virtual, or hybrid, tailored to the client's needs

BOOK CAROLINA



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