



Carolina is a leadership and culture keynote speaker, CEO of Conscious Leadership Partners, and creator of **The Unlearning Advantage™**, a framework that helps organizations evolve leadership, align teams, and transform culture; one unlearned habit at a time.

With over 15 years of experience, she has guided thousands of leaders, from NASA and the FBI to Warner Bros. and McDonald's to move beyond surface-level change and embrace identity-level transformation.

Her work combines evidence-based insight with humor and heart, helping leaders unlearn what no longer serves them and lead with greater clarity, courage, and consciousness.



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With over 15 years of experience, she has guided thousands of leaders to shed outdated habits, uncover blind spots, and lead with greater clarity, courage, and consciousness.

Her clients include leaders at NASA, the FBI, Warner Bros., Kaiser, and McDonald's, as well as countless others navigating today's complex workplace.

As a Certified Speaking Professional (CSP), a distinction earned by fewer than fifteen percent of speakers worldwide, Carolina brings both authority and depth to her work. She is also a Professional Certified Coach with the International Coaching Federation and a Certified Diversity Executive (CDE), blending expertise in leadership, culture, and inclusion to create measurable impact.

A scientist by training with experience at Pfizer and Merck, Carolina combines evidence-based insight with humor and heart, helping leaders reconnect with who they are beyond the title. A triple citizen of Canada, the U.S., and the European Union, she brings a global perspective and the rare ability to connect across cultures. Her unlearning journey continues to fuel her mission: helping leaders and organizations embrace authentic, identity-level transformation that scales across teams and cultures.

