



Carolina is a leadership and culture keynote speaker, CEO of Conscious Leadership Partners, and creator of **The Unlearning Advantage™**, a framework that helps organizations evolve leadership, align teams, and transform culture; one unlearned habit at a time.

With over 15 years of experience, she has guided thousands of leaders, from NASA and the FBI to Warner Bros. and McDonald's to move beyond surface-level change and embrace identity-level transformation.

Her work combines evidence-based insight with humor and heart, helping leaders unlearn what no longer serves them and lead with greater clarity, courage, and consciousness.



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Her clients include leaders at NASA, the FBI, Warner Bros., Kaiser, and McDonald's, as well as countless others navigating today's complex workplace.

As a Certified Speaking Professional (CSP), a distinction earned by fewer than fifteen percent of speakers worldwide, Carolina brings both authority and depth to her work. She is also a Professional Certified Coach with the International Coaching Federation and a Certified Diversity Executive (CDE), blending expertise in leadership, culture, and inclusion to create measurable impact.

A scientist by training with experience at Pfizer and Merck, Carolina combines evidence-based insight with humor and heart, helping leaders reconnect with who they are beyond the title. A triple citizen of Canada, the U.S., and the European Union, she brings a global perspective and the rare ability to connect across cultures. Her unlearning journey continues to fuel her mission: helping leaders and organizations embrace authentic, identity-level transformation that scales across teams and cultures.

